

**Physical Growth and Maturity Gradients of Certain Physical
Traits in Rural Vadabalija Girls of North Coastal Andhra
Pradesh, India**

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ABSTRACT A cross-sectional purposive random sample of 608 Vadabalija girls ranging in age from 1 through 20 years were selected to study the growth patterns and maturity gradients on the basis of height, body weight, upper arm circumference and triceps skinfold thickness. All these measurements increase with increase in age except skinfold thickness.